

Safeguarding at Esk Valley Medical Practice

What is safeguarding?

Safeguarding simply means keeping people safe from harm. It is about protecting children and adults from abuse or neglect. There are many different types of abuse.

Types of abuse that children can suffer include:

- physical abuse
- sexual abuse
- neglect
- emotional abuse
- domestic abuse
- bullying and cyberbullying
- child sexual exploitation
- child trafficking
- criminal exploitation and gangs
- female genital mutilation
- grooming

For more information on these types of abuse and how you can spot them, you can visit:

- North Yorkshire Safeguarding Children Partnership: <https://www.safeguardingchildren.co.uk/>
- City of York Safeguarding Children Partnership: <https://www.saferchildrenyork.org.uk/>
- East Riding Safeguarding Children Partnership: <http://erscb.org.uk/>
- NSPCC : <https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/>

Types of abuse that adults can suffer include:

- physical abuse
- sexual abuse
- domestic abuse
- psychological or emotional abuse
- financial or material abuse
- modern slavery
- discriminatory abuse
- organisational or institutional abuse
- neglect
- self-neglect

For more information on these types of abuse, you can visit:

- North Yorkshire County Council, Safeguarding Vulnerable Adults: <https://www.northyorks.gov.uk/safeguarding-vulnerable-adults>
- North Yorkshire Safeguarding Adults Board: <https://safeguardingadults.co.uk/>
- City of York Safeguarding Adults Board: <https://www.safeguardingadultsyork.org.uk/>

- East Riding Safeguarding Adults Board: <http://www.ersab.org.uk/>
- Social Care Institute of Excellence:
<https://www.scie.org.uk/safeguarding/adults/introduction/types-and-indicators-of-abuse>

Who is responsible for safeguarding?

Safeguarding is everyone's responsibility. Here at Esk Valley Medical Practice, all staff members play a role in safeguarding. Safeguarding is not just something we choose to do, it is also something we are required by law to do.

At Esk Valley Medical Practice, the Safeguarding Lead is Marcus van Dam and the Deputy Safeguarding Lead is Nicky Cooper.

How does Esk Valley Medical Practice safeguard children and adults who are, or who might be, experiencing abuse or neglect?

Keeping children and adults safe from abuse and neglect cannot be done by one person or one agency. At the heart of any safeguarding process is the child or adult who may be suffering abuse. We work in partnership with our patients who are, or who are at risk of, experiencing abuse as well as their families and advocates as appropriate.

We work closely with our health colleagues such as health visitors, the school nursing team, midwives, paediatricians, mental health teams and other hospital colleagues. We also work with our partner agencies locally such as child and adult social care, education and the police to ensure any child or adult suffering abuse can be supported and protected and any concerns about abuse can be properly investigated.

To find out more about how agencies work together in North Yorkshire to keep children and adults safe visit:

- **North Yorkshire Safeguarding Children Partnership:**
<https://www.safeguardingchildren.co.uk/>
- **North Yorkshire Safeguarding Adults Board:**
<https://safeguardingadults.co.uk/>

Safeguarding training

All staff at Esk Valley Medical Practice have the appropriate levels of safeguarding training for their job role. Safeguarding training standards are set nationally for all healthcare professionals and we follow this national guidance. Safeguarding training is essential to ensure all staff are able to spot signs of abuse or neglect and take action. We work hard to make safeguarding a key priority for our practice and our patients.

What will happen if a GP or any member of staff at the practice is worried that a child or adult is being abused or neglected?

All staff in the practice have a duty and responsibility to speak up and say something if they are worried a child or adult might be being abused or neglected. If any staff member has concerns they will discuss this with the practice Safeguarding Lead or with one of the other GPs who will decide what needs to happen next.

If a doctor is concerned that a child or young person is at risk of abuse or neglect, they must take steps to make sure the child or young person is protected. It can be very upsetting and stressful for families when this happens and parents often have questions about what their doctor may or may not do.

This leaflet from the General Medical Council (GMC) helps to answer those questions:

<https://www.gmc-uk.org/-/media/documents/what-to-expect-if-your-doctor-is-worried-about-your-child-s-safety-78085189.pdf?la=en>

If a doctor is concerned that an adult is at risk of abuse or neglect, they will

- Ask the person if they require any immediate support to keep themselves safe
- Explain how safeguarding works
- Ask the person what they would like to happen
- Support the person in a way to give them choice and control to improve their quality of life, wellbeing, and safety.

To do this the doctor will:

- Listen to the person
- Understand their views and wishes
- Take them seriously
- Treat them with respect
- Support them to feel as safe as they want
- Support them to make their own decisions
- Keep them informed and involved
- Tell the person what will happen next.

Capacity

When making decisions about what action is necessary to safeguard an adult, healthcare professionals have to consider whether the person has capacity to understand their situation and make decisions about what should happen to them.

What is capacity?

- Capacity means the ability to use and understand information to make a decision, and communicate any decision made.
- A person lacks capacity if their mind is impaired or disturbed in some way, which means they're unable to make a decision at that time.

For more information on capacity visit:

<https://www.nhs.uk/conditions/consent-to-treatment/capacity/>

All professionals have to follow The Mental Capacity Act which empowers and protects people who are not able to make their own decisions. This covers decisions about property and financial affairs, health, welfare and where they live.

For more information on The Mental Capacity Act visit:

<https://safeguardingadults.co.uk/keeping-safe/mental-capacity-act/>

Information sharing

Sharing information with other relevant professionals is an important part of safeguarding. Sadly, reviews of cases where a child or adult has been killed or seriously harmed due to abuse or neglect, have often found that professionals have not shared the right information with the right person at the right time to keep the child or adult safe.

All staff at the practice must comply with the law and national guidance when making decisions about information sharing. The General Medical Council (GMC) provide guidance for doctors making decisions about information sharing. The practice also follows the Caldicott Principles:

1. Justify the purpose(s) for using confidential information
2. Don't use personal confidential data unless it is absolutely necessary
3. Use the minimum necessary personal confidential data
4. Access to personal confidential data should be on a strict need-to-know basis
5. Everyone with access to personal confidential data should be aware of their responsibilities
6. Comply with the law
7. The duty to share information can be as important as the duty to protect patient confidentiality

As a general rule we will ask for the person's (or relevant parent/guardian, advocate, Power of Attorney) permission before sharing information for safeguarding purposes.

However, there are circumstances where we will need to share information even without the person's permission (consent). Examples of these circumstances include:

- Other people are, or may be, at risk, including children
- Sharing the information could prevent a serious crime
- A serious crime has been committed
- Someone in a position of trust is implicated in causing abuse/neglect
- The risk of serious harm or death is very high in a domestic abuse situation
- A court order has requested the information

Again as a general rule, we will inform the person that we will need to share information about them in order to keep them or others safe from serious harm, as long as this does not increase risk of harm to the person or others.

Where can you get help if you are worried you or someone else is suffering abuse or neglect?

Remember:

- Abuse is always wrong
- No one should have to live with abuse
- By reporting abuse you can help bring it to an end

Worried about a child?

Where there are significant immediate concerns about the safety of a child, you should contact the police on 999.

if you are worried about any child and think they may be a victim of neglect or abuse, you can make a referral (depending on which county you live in) to:

- **North Yorkshire Multi-Agency Screening Team (MAST)** by ringing **01609 780780**.
- **City of York Multi Agency Screening Hub (MASH)** Monday to Friday, 8.30am to 5.00pm: telephone - **01904 551900**; email - mash@york.gov.uk Outside of these hours phone - **01609 780780**
- **East Riding Safeguarding Children's Hub** on **01482 395500**; Out of hours service: **01482 393939**

You can also contact the NSPCC helpline on 0808 800 5000, email them or submit an online form. Further details are on the [NSPCC website here](#).

Worried about an adult?

If you or the person you are concerned about is in danger and immediate action is required, you should ring the emergency services on 999.

If you or the person you are concerned about is not in immediate danger, you should ring (depending on which county the person lives in):

- **North Yorkshire** customer services centre on **01609 780780**. This includes outside of office hours. The Minicom number is 01609 779838.
- **City of York Adult Social Care** on **01904 555111** (office hours) or fax 01904 554055; hearing impaired customers can use the text facility 07534 437804; Out of hours, tel: 01609 780780
- **East Riding** Safeguarding Adults team on 01482 390940

You can also speak in confidence to any member of Esk Valley Medical Practice.